

# Neighbourhood

News

Issue 4, 2023 Mairehau & St Albans Community Update

It seems hard to believe but this is the last Neighbourhood News of the year. We are almost at the end of 2023 and what a year it has been. From welcoming two new staff members, starting a new Initiative, and running our annual Light Party we are looking forward to continuing our work into 2024. With this being said the Neighbourhood Trust will be closed from the 22<sup>nd</sup> of December till the 15<sup>th</sup> of January 2024. This means that our Initiatives will also be taking a break over this period. To find out more about this make sure to check the NHT website for updates on finishing and starting dates.

We are wishing everyone a safe and Happy Holiday over the summer, enjoy a well deserved break!

Kici oro koutou kotoo



# **Noteworthy News**

Recent highlights at Neighbourhood Trust

# **OSCAR Programme**

# DECEMBER AND JANUARY HOLIDAY PROGRAMME

SCHOOL IS ALMOST OVER!

With the end of the year fast approaching it is time to organize childcare for the Summer Holidays. Our OSCAR Programme will be running Holiday Programmes in December and January for children aged 5-13.

December Holiday Programme will be running from the 14th-20th of December at St Francis of Assisi (370 Innes Rd). Despite the short time frame the Programme will be packed full of Christmas activities, including a trip to the Christmas Tree Festival, baking sweet treats, and making your own stocking.

Bookings Close 8th of December 2023 Full Day Session 8:00am-5:30pm \$52.00

January Holiday Programme will be running from the 15th-26th of January at St Francis of Assisi (370 Innes Rd). This programme will be all about Summer Fun. Join us for 4 different trips to Arion Farm, Scarborough Playground, Swimming Pool and the Broad Park Playground. When we aren't out and about, we will be doing some summer crafts and lots of running round. Make sure to bring a hat, sensible shoes, and a change of clothes for water play.

Bookings Close 23<sup>rd</sup> December

Full Day Session 8:00am-5:30pm \$52.00

Full Day Week 8:00am-5:30pm \$210.00



(Before and After School care will be taking a break over the Summer Holidays, but we will be up and running at the end of January. From the OSCAR Team, we are wishing everyone a happy and safe Summer Holiday.)

To make a booking check out our website, nht.org.nz/oscar-progamme/

For more information, contact: 027 717 2544 / 027 701 9382 Or email: mairehau@nht.org.nz

# Happy Anniversary, Mairehau Neighbourhood Garden

The Mairehau Neighbourhood Garden has officially been nourishing the community for 1 year. Since its opening on the 5th of November 2022, the Garden has been beneficial for all in our community. From providing Kai for the community, to being a place where people connect, we know that the garden will thrive for years to come. If you keep up with the Garden, you will know that it offers many opportunities for growth and learning both physically and mentally. Throughout the year the Garden has been the sight of garden workshops meant to tend to the garden and pass on skills. In the term 3 School Holidays a special workshop took place, which saw skills and wisdom passed on to children from NHT OSCAR (Holiday Programme). Although the worms were met with many "ewws" it was amazing to see so many questions being asked about how things grow and how they could help it. This is what gives us hope that the Garden will in future be even more vital to our community.





# **Light Party**

# Reflecting on a fun community event.

As the Neighbourhood Trust it is our aim to bring connection to those in our community, and what better way to connect our community than through an evening full of free family activities. On the 31st of October we held our annual Light Party which was blessed with a great community turnout. The evening saw 600 people visit throughout the 2.5 hours. Thanks to our Vendors, the community were able to enjoy Inflatables, Mini Jeeps, Face Painting, Sports, Nibbles, Monster Music and Carnival Games. Despite the less than ideal weather, the evening was definitely one to remember with great feedback from the public.

Thank you to all our volunteers, vendors, and funders for helping to make this Community Event such a success and thank you to our community for supporting The Neighbourhood Trust and the work we do.

# **Golden Connections**

# Social events and services for over 60 year olds

Are you over 60 and wanting to meet new people and eniov aettina out?

Golden Connections is based at the McFadden Centre (64 McFaddens Rd) and provides a range of activities.

### For bookings or a programme contact Maree.

E.Golden@nht.org.nz M.0221952589

# **ACTIVITIES**

### **Monday Mornings, fortnightly** Foot Clinics

We always have space to fit another person in so if you would like to have your feet soaked in a spa, your nails cut and a relaxing foot massage contact Maree for an appointment.

Cost \$15, bring your own hand towel.

Foot Clinic will finish on the 11th of December 2023 and return on the 29th of January 2024.

### Fridays, 1pm - 2:30pm Strength & Balance

Low impact, circuit class designed to improve your balance, strength and mobility whilst having fun!

Cuppa & baking with some time to chat afterwards.

\$2 donation to cover costs

Strength & Balance will finish on the 15<sup>nd</sup> of December 2023 and return on the 19th of January 2024.

# **SPECIAL EVENTS**

#### December 4th, 1pm

Christmas Afternoon Tea

Cost \$5

Come along and enjoy an afternoon tea full of Christmas Cheer

### February 7th, 1pm **Board Game Afternoon**

Cost \$2

The first event of the year is a fun afternoon full of board games. Come along and pick a game from our spending the afternoon viewing a yet to be collection and enjoy the competition.

#### December 18th, 1pm

**Christmas Carols** 

Cost \$2

Join us for our last event of the year. We will be celebrating with some Christmas Classics.

### February 19th, 1pm

Movie & Toasties

Cost \$2

Who doesn't love a good movie? We will be decided film and munching on some yummy Toasties. Toasties cost \$2 and will be served at 12pm.

# **Upcoming Events...**



# **CAP Money Course**

A revolutionary, free money management course that teaches people budgeting skills and a simple, cash-based system that really works. This course will help anyone gain more control over their finances so they can save, give and prevent debt. This course is for anyone, no matter what your financial situation is. You are taught tools that are life skills.

Our next CAP Money course will begin Thursday February 1st and run over four Thursday evenings, 6.50 - 8.30pm.

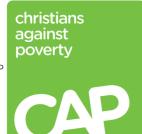
It is held at St Albans Baptist Church, 64 McFaddens Road, Mairehau

To register, go to the CAP website: www.capnz.org and select 'Find a CAP Money Course'. Enter 8052.

If you have any questions contact: Jan Bovey

E. cdw@nht.org.nz

**M.** 0277100022



# THE WHĀNAU CENTRE

# KIWI DADS

Neighbourhood Trust Community Development Worker, Don is available to spend time over a coffee to chat with Dads about their struggles in parenting, their dreams for themselves and their children and to offer encouragement, support & advice.

Contact Don

E. community@nht.org.nz | M. 027 956 9202 + check out their Facebook Group @KiwiDadsChch

# **WOMEN'S CONNECTIONS**

Women's Connections is a group run by Community Development Worker, Jan. The group is for women to grow in their understanding of themselves and others. Come along, build connections and enjoy some kai.

Find out more by contacting Jan,

E. cdw@nht.org.nz

M. 0277100022

# Kai Box Produce

Kai grown from The Mairehau Neighbourhood Garden being given out to the community. Read more about our Garden on page, 2.

# Neighbourhood Trust community hub:

49 Nancy Ave, Mairehaı



# KAI SUPPORT

We have kai boxes available for households in the local area who need some assistance. Visit **nht.org.nz/kai-box/** to request some kai. This will be available to pick up from the Whānau Centre on Wednesdays for people who have requested one.

If you have an urgent need, or are struggling to access the website **phone Sarah on 027 710 0042** 

# **JOB SEEKER SUPPORT**

We offer CV and Cover Letter support for those who are seeking to find work. Would you like to create a CV or improve your current one?

Get in touch with Sarah to book an appointment by emailing operations@nht.org.nz.



# **About**

A special thank you to the funders of Neighbourhood
Trust



Kia ora Neighbours,

**LETTER BOX?** 

We are delivering the Neighbourhood News to letterboxes in our community. However, you can contact us at comms@nht.org.nz if you do not want to receive further publications.

From your Neighbourhood Trust Team.





Neighbourhood News is an initiative of Neighbourhood Trust, the community arm of St Albans Baptist Church. We support the people of Mairehau and St Albans to build vibrant, connected communities, where every person can reach their potential. Neighbourhood Trust partners with other like-minded organisations to offer programmes, classes and events that create connections, support local people, and build on community strengths.

P. 355 6522 E. comms@nht.org.nz W. nht.org.nz



NHT is pleased to be a "Good Cause" on fundraising platform, Upstream NZ. If you're looking for service providers for your home or business, check out www.upstreamnz.co.nz for available suppliers and choose NHT as your "Good Cause". Each invoice generated will see the supplier give a percentage back to charity. This is a great way to support NHT and local business.





The St Albans Baptist Church family are committed to creating an environment in which people love God, love one another and use their God given gifts. Join us each Sunday at 10am at 64 McFaddens Road, St Albans.

P. 355 6522 E. office@sabc.org.nzW. sabc.org.nzA. 64 McFaddens Road, St Albans

#### **SABC Youth**

For information contact Seb: **E.** youth@sabc.org.nz















# Regular Neighbourhood Activities



# **MONDAY**

#### **GOLDEN ACTIVITY**

#### Time Varies

Contact Maree, Golden@nht.org.nz or 0221952589

### **OSCAR**

7:30-9am & 3-6pm

Monday-Friday

Conatct Roana: Childrens@nht.org.nz

# **TUESDAY**

### **CRAFT GROUP**

#### 10am - 12PM

SABC Redwood Lounge Contact: Christine 9815134

Sharon 0274731846 Anita 3529272

### **WOMEN'S CONNECTIONS**

### 12-2PM

A group for Women to build connections and enjoy some kai.
Contact Jan:

Contact Jan

cdw@nht.org.nz or 0277100022

#### **GAME ON!**

#### 7pm -9pm, Termly

Parenting Course for Dads (6 weeks)
Contact Don for dates, community@nht.org.nz,
or 027 956 9202

# **WEDNESDAY**

### KAI BOX PICK UP

12:30 - 2:30pm

Visit **nht.org.nz** and click on Request Kai Support

# **THURSDAY**

### MAIREHAU NEIGHBOURHOOD GARDEN

#### 10am - 12pm

All are welcome to come and work in our garden for as long as you can manage.

Check FB page for any changes to work times.

Contact Don:

community@nht.org.nz, or 027 956 9202 Facebook @NHTGarden

# **FRIDAY**

### **STRENGTH & BALANCE CLASS**

#### 1pm every Friday

A Low Impact circuit class for ages 60+ Finishes with a cuppa after. \$2 donation. Contact Sarah:

operations@nht.org.nz or 027 710 0042

### **HOW CAN YOU HELP?**

If you like what you've seen & would like to support us head to www.nht.org.nz/giving